

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: **23992800000**

Product Description: **CROISSANT CHEESE 4PK**

Ingredients Listing (sorted by quantity):

CHEESE CROSSIANT

(enriched flour, water, vegetable oil margarine (palm, modified palm, canola), water, sugar, soy monoglycerides, soy lecithin, potassium sorbate, flavour, citric acid, colour], cheddar cheese (milk, bacterial culture, salt, calcium chloride, chymosin, microbial enzyme, colour), yeast, sugar, cheese-flavoured powder [hydrogenated soybean oil, modified milk ingredients, cheese (milk ingredients, bacterial culture, salt, rennet, pepsin, microbial enzyme, calcium chloride), salt, disodium phosphate, tricalcium phosphate, citric acid, colour (contains tartrazine)], liquid egg white, salt, wheat gluten, acetylated tartaric acid esters of mono- and diglycerides, canola oil, ascorbic acid, flavour and artificial flavour, amylase.)

SHREDDED CHEDDAR

pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour, cellulose.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27791600000

Product Description: CROISSANT CHOCOLATE 4 PK

Ingredients Listing (sorted by quantity):

CHOCOLATE CROISSANT (ch)

Wheat flour, butter (19%), water, chocolate (10%) (sugar, cocoa liquor, cocoa butter, lecithin (soy)), yeast, sugar, salt, skimmed milk, milk proteins, pea proteins, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 25289300000

Product Description: CROISSANTS

Ingredients Listing (sorted by quantity):

CROISSANTS

(enriched wheat flour, water, vegetable oil margarine (palm oil, modified palm oil, canola oil, water, sugar, mono and diglycerides, soybean lecithin, citric acid, artificial flavour vitamin A palmitate, vitamin D3, colour), yeast, sugar, salt, natural and artificial flavours, milk ingredient, wheat gluten, acetylated tartaric acid ester of mono and diglycerides, colour (tartrazine))

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27976500000

Product Description: CROISSANTS BUTTER 4PK

Ingredients Listing (sorted by quantity):

CROISSANTS (ch)

wheat flour, butter (22%), water, yeast, sugar, salt, skimmed milk, milk proteins, pea proteins, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzyme

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27793700000

Product Description: CROISSANTS MINI ASSORTED

Ingredients Listing (sorted by quantity):

MINI CROISSANTS ASSORTED 6PK (ch)

plain - wheat flour, butter (22%), water, yeast, sugar, salt, skimmed milk, milk proteins, pea proteins, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes.

multigrain - wheat flour, water, butter (21%), yeast, sugar, salt, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes, sodiumhydroxide

pretzel - wheat flour, water, butter (18%), linseeds, yeast, sunflower seeds, sugar, wheat bran, salt, skimmed milk, flour of roasted barley malt, spelt flour, milk proteins, pea proteins, canola oil, mono- and diglycerides and esters of monoand diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes

MAY CONTAIN

peanuts,tree nuts,sesame seeds,milk,sulphites,mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27703500000

Product Description: SCONE RAISIN

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

RAISINS

vegetable oil.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 21104100000

Product Description: SCONE BLUEBERRY

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

BLUEBERRIES

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 23069900000

Product Description: SCONE CHEESE

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

SHREDDED CHEDDAR

pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour, cellulose.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28616800000

Product Description: SCONE CINNAMON

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

CINNAMON FLAKES

sugar, vegetable oil (palm, palm kernel), cinnamon, soy lecithin

SHORTENING

canola oil, modified palm and palm kernel oils.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, milk, wheat, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27709900000

Product Description: SCONE CRANBERRY

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

CRANBERRIES

MAY CONTAIN

peanuts,tree nuts,sesame seeds,eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20134600000

Product Description: SCONE GINGER RAISIN

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

CANDIED GINGER

sugar

RAISINS

vegetable oil.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

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Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20119300000

Product Description: SCONE GINGERBREAD

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

CINNAMON SAIGON

GROUND GINGER

NUTMEG (GROUND)

CLOVES GROUND

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

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Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28617900000

Product Description: **SCONE GOURMET CRAN LEMON**

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

Lemon Glaze

FRUIT ALL, LEMON (dextrose, glucose syrup, lemon peel, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour (tartazine), flavour, sodium benzoate.), DANISH ICING (sugar, water, glucose, dextrose, propylene glycol, agar, titanium dioxide, mono and diglycerides, locust bean gum, sorbic acid, artificial flavour.)

SHORTENING

canola oil, modified palm and palm kernel oils.

CRANBERRIES

FRUIT ALL, LEMON

dextrose, glucose syrup, lemon peel, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour (tartazine), flavour, sodium benzoate.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28617800000

Product Description: SCONE GOURMET WT. CHOC RASP

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

WHITE CHUNKS

(sugar, cocoa butter, whole milk powder, whey powder, soya lecithin, vanilla)

SHORTENING

canola oil, modified palm and palm kernel oils.

RASPBERRIES

WHITE GANACHE CHOCOLATE

sugar, vegetable oil (hydrogenated canola and palm oil), skim milk powder, lecithin (soy lecithin), artificial flavor.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

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Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28706200000

Product Description: SCONE HOT CROSS

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

RAISINS

vegetable oil.

Hot Cross Topping

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), SALT, BAKING POWDER (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate, calcium sulfate.), GRANULATED SUGAR, WHEY POWDER, SHORTENING (canola oil, modified palm and palm kernel oils.), WATER

FRUIT GLACE, BUN MIX

papaya, glucose-fructose, corn syrup, citric acid, artificial colours (FD&C Red 40, FD&C Yellow 5, FD&C Blue 1), artificial flavour, sodium benzoate, and sulphur dioxide.

BUN SPICE

cinnamon, allspice, sugar, cloves, nutmeg, mace, ginger, white pepper, coriander, spices.

MAY CONTAIN

Peanuts, tree nuts, sesame seeds, eggs, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24678100000

Product Description: SCONE MULTIGRAIN CRANBERRY

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SEVEN GRAIN

wheat flakes, flax seeds, barley flakes, rolled oats, sunflower seeds, millet, sesame seeds.

SHORTENING

canola oil, modified palm and palm kernel oils.

CRANBERRIES

MAY CONTAIN

Peanuts, tree nuts, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24614900000

Product Description: SCONE PUMPKIN

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

FRUIT, PUMPKIN

100% pure.

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

WATER

SHORTENING

canola oil, modified palm and palm kernel oils.

BUN SPICE

cinnamon, allspice, sugar, cloves, nutmeg, mace, ginger, white pepper, coriander, spices.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20132700000

Product Description: SCONE WESTCOAST TRAIL

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

LAURENTION MIX

Raisins(Palm/Canola/Sunflower Oil),Sunflower Seeds,Cashews,Almonds,Pumpkin Seeds, Apricots Diced (Sulphur dioxide,Oat/Rice flour)

SHORTENING

canola oil, modified palm and palm kernel oils.

MAY CONTAIN

peanuts,sesame seeds,eggs, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28615300000

Product Description: SCONE WHOLE GRAIN RASPBERRY

Ingredients Listing (sorted by quantity):

FLOUR, WHOLE WHEAT

(wheat Flour, wheat bran, ascorbic acid)

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

RASPBERRIES

WHEAT GERM

MAY CONTAIN

peanuts,tree nuts,sesame seeds,eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 21972600000

Product Description: TEA BISCUIT BLACKBERRY WHITE CHOCOLATE

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

BLACKBERRIES

WHITE CHUNKS

(sugar, cocoa butter, whole milk powder, whey powder, soya lecithin, vanilla)

SHORTENING

canola oil, modified palm and palm kernel oils.

GRANULATED SUGAR

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 22289000000

Product Description: TEA BISCUIT BLUEBERRY ORANGE CRAN

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

CRANBERRIES

BLUEBERRIES

GRANULATED SUGAR

FRUIT ALL, ORANGE

peel, glucose syrup, dextrose, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour, flavour, sodium benzoate.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 22288900000

Product Description: TEA BISCUIT PUMPKIN CRANBERRY

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

FRUIT, PUMPKIN

100% pure.

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

CRANBERRIES

WATER

SHORTENING

canola oil, modified palm and palm kernel oils.

Cinnamon Sugar

YELLOW SUGAR, GRANULATED SUGAR, CINNAMON SAIGON

CINNAMON SAIGON

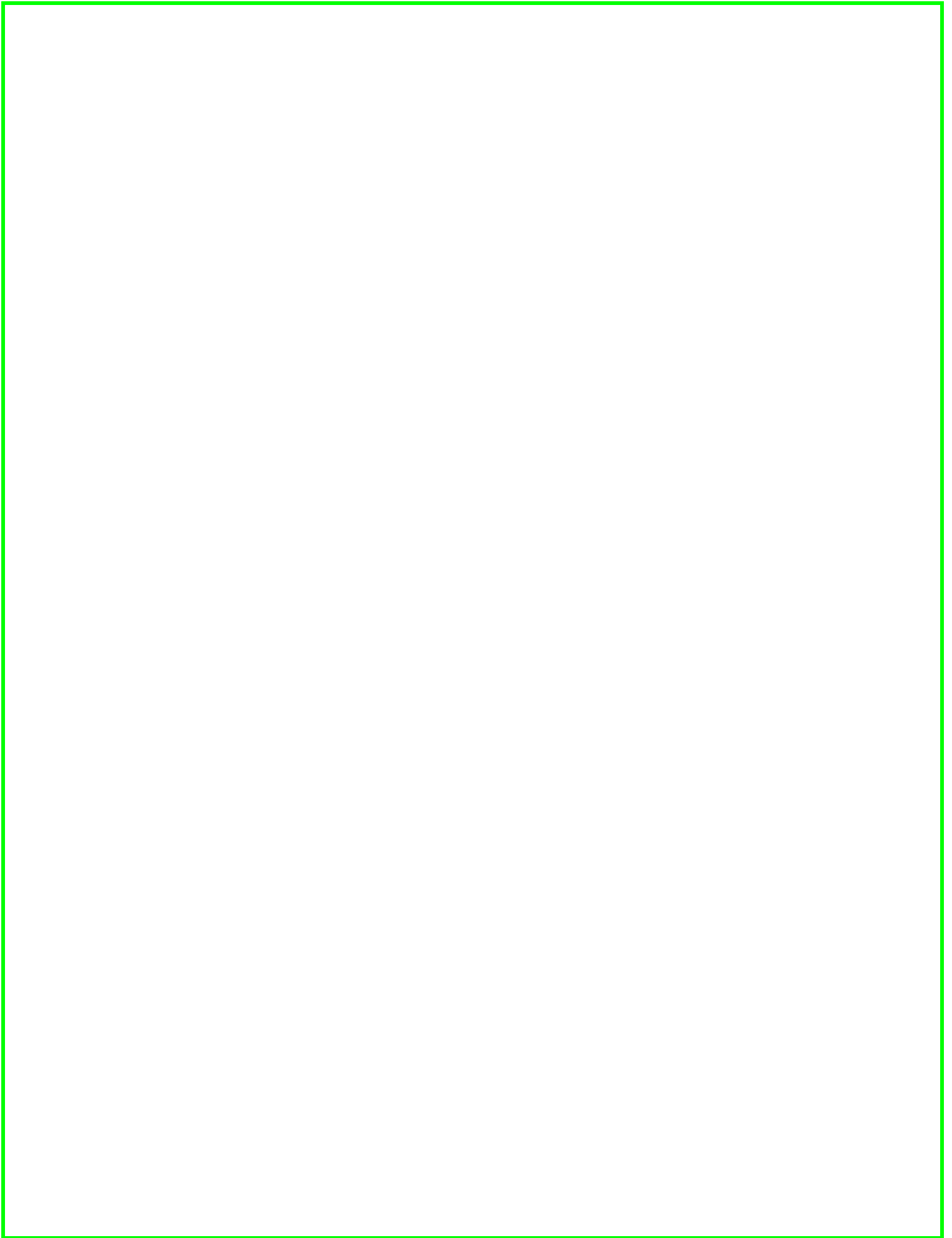
GROUND GINGER

NUTMEG (GROUND)

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.



Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 21972100000

Product Description: TEA BISCUIT STRAWBERRY

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

STRAWBERRIES

SHORTENING

canola oil, modified palm and palm kernel oils.

GRANULATED SUGAR

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 25639700000

Product Description: BALMORALS

Ingredients Listing (sorted by quantity):

Sensible Choice Chocolate Loaf

CHOCOLATE MIX (sugar, enriched wheat flour, vegetable oil, cocoa, baking powder, modified corn starch, skim milk powder, salt, natural flavour, soya lecithin, sodium carboxymethylcellulose, xathan gum.), CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), WATER

Chocolate Buttercream

BUTTERCREAM ICING (icing sugar, butter (cream, salt), venetian cream filling (water, sugar, modified corn starch, glucose, non-hydrogenated shortening (canola oil, modified palm and palm kernel oil), salt, colour, artificial flavour, titanium dioxide, sorbic acid), margarine non-hydrogenated (vegetable oils (palm oil, canola oil, modified palm oil), water, mono and diglycerides, potassium sorbate, citric acid, artificial flavour, vitamin a palmitate, vitamin d3), shortening non-hydrogenated (liquid canola oil, modified palm and palm kernel oil), water, shasta icing whip powder (sugar, powdered egg albumen (contains triethyl citrate), salt, sodium aluminum sulphate, corn starch, arabic gum, xanthan gum, citric acid, artificial flavour), artificial vanilla flavour (water, propylene glycol, artificial flavour, citric acid).), COCOA POWDER

CHOCOLATE FUDGE

(icing sugar(sugar, corn starch), water, vegetable oil shortening (modified palm, canola, palm kernel, mono and diglycerides, polysorbate 60, citric acid), glucose, cocoa powder, vegetable oil, colour, salt, potassium sorbate, soy lecithin, glycerine, artificial flavour)

WATER

CHOCOLATE, DARK SPAGHETTI CURLS

cocoa mass, sugar, cocoa butter, milkfat, soya lecithin, natural vanilla.

MAY CONTAIN

peanuts,tree nuts,sesame seeds, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27792300000

Product Description: CHOCOLATE CROISSANTS

Ingredients Listing (sorted by quantity):

CHOCOLATE CROISSANT (ch)

Wheat flour, butter (19%), water, chocolate (10%) (sugar, cocoa liquor, cocoa butter, lecithin (soy)), yeast, sugar, salt, skimmed milk, milk proteins, pea proteins, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 23991900000

Product Description: CROISSANT CHEESE

Ingredients Listing (sorted by quantity):

CHEESE CROSSIANT

(enriched flour, water, vegetable oil margarine (palm, modified palm, canola), water, sugar, soy monoglycerides, soy lecithin, potassium sorbate, flavour, citric acid, colour], cheddar cheese (milk, bacterial culture, salt, calcium chloride, chymosin, microbial enzyme, colour), yeast, sugar, cheese-flavoured powder [hydrogenated soybean oil, modified milk ingredients, cheese (milk ingredients, bacterial culture, salt, rennet, pepsin, microbial enzyme, calcium chloride), salt, disodium phosphate, tricalcium phosphate, citric acid, colour (contains tartrazine)], liquid egg white, salt, wheat gluten, acetylated tartaric acid esters of mono- and diglycerides, canola oil, ascorbic acid, flavour and artificial flavour, amylase.)

SHREDDED CHEDDAR

pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour, cellulose.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20226700000

Product Description: CROISSANT GLAZED

Ingredients Listing (sorted by quantity):

CROISSANTS (ch)

wheat flour, butter (22%), water, yeast, sugar, salt, skimmed milk, milk proteins, pea proteins, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes.

GLAZE, DONUT

sugar, water, glucose solids, mono and diglycerides, citric acid, potassium sorbate, agar.

CHOCOLATE, LESME DARK

sugar, hydrogenated vegetable fat, fat-reduced cocoa powder, emulsifier, soya lecithin, vanillin.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27788400000

Product Description: CROISSANT PRETZEL

Ingredients Listing (sorted by quantity):

PRETZEL CROISSANT (ch)

wheat flour, butter (22%), water, yeast, sugar, salt, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes, sodiumhydroxide.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, soy, milk, sulphites

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27787800000

Product Description: CROISSANTS BUTTER

Ingredients Listing (sorted by quantity):

CROISSANTS (ch)

wheat flour, butter (22%), water, yeast, sugar, salt, skimmed milk, milk proteins, pea proteins, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27791000000

Product Description: CROISSANTS MULTIGRAIN

Ingredients Listing (sorted by quantity):

MULTIGRAIN CROISSANT (ch)

wheat flour, water, butter (20%), yeast, sunflower seeds, linseeds, sugar, wheat bran, egg (heat treated), salt, sesame seeds, flour

of roasted barley malt, spelt flour, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes.

MAY CONTAIN

tree nuts, sesame seeds, milk, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20226800000

Product Description: SCONE CHEESE

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

SHREDDED CHEDDAR

pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour, cellulose.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28600300000

Product Description: SCONE LEMON CRANBERRY GOURMET

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

Lemon Glaze

FRUIT ALL, LEMON (dextrose, glucose syrup, lemon peel, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour (tartazine), flavour, sodium benzoate.), DANISH ICING (sugar, water, glucose, dextrose, propylene glycol, agar, titanium dioxide, mono and diglycerides, locust bean gum, sorbic acid, artificial flavour.)

SHORTENING

canola oil, modified palm and palm kernel oils.

CRANBERRIES

FRUIT ALL, LEMON

dextrose, glucose syrup, lemon peel, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour (tartazine), flavour, sodium benzoate.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20226900000

Product Description: SCONE RAISIN

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

RAISINS

vegetable oil.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20230000000

Product Description: SCONE RASPBERRY WHITE CHOCOLATE GOURMET

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

WHITE CHUNKS

(sugar, cocoa butter, whole milk powder, whey powder, soya lecithin, vanilla)

SHORTENING

canola oil, modified palm and palm kernel oils.

RASPBERRIES

WHITE GANACHE CHOCOLATE

sugar, vegetable oil (hydrogenated canola and palm oil), skim milk powder, lecithin (soy lecithin), artificial flavor.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20166500000

Product Description: STRAWBERRY CREAM CROISSANT

Ingredients Listing (sorted by quantity):

Sweetened Whip Cream

36% REAL WHIPPING CREAM (cream, milk, stabilizer (dextrose, carrageenan).), ICING SUGAR (cornstarch.)

FRESH STRAWBERRIES

CROISSANTS (ch)

wheat flour, butter (22%), water, yeast, sugar, salt, skimmed milk, milk proteins, pea proteins, canola oil, mono- and diglycerides and esters of mono- and diglycerides, wheat protein, ascorbic acid, extracts of tocopherols, citric acid, dextrose, beta-carotene, enzymes.

GLAZE, STRAWBERRY

water, sugar, glucose solids, modified tapioca starch, modified corn starch, citric acid, artificial flavour, colour, sodium benzoate, potassium sorbate.

CODINEIGE

dextrose, wheat starch, hydrogenated vegetable fat (from palm oil), anti caking agent (silicon dioxide/E 551, tricalcium phosphate/E 341) flavouring.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, soy, eggs, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24698300000

Product Description: APPLE GINGER MUFFINS

Ingredients Listing (sorted by quantity):

Ginger Muffin

GINGER SPICE CAKE (wheat flour, sugar, corn starch, whey powder, canola oil, baking powder, salt, wheat starch, molasses, spices, mono-diglycerides, carboxymethylcellulose.), EGGS (citric acid), CANOLA OIL ((dimethylpolysiloxane)), WATER, CORN SYRUP (glucose, glucose-fructose, water, reiners syrup, salt)

HOME STYLE APPLE

apples, sugar/glucose-fructose, water, modified corn starch, malic acid, spices, salt, potassium sorbate, gellan gum, sodium metabisulfite.

Streusel Topping

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), GRANULATED SUGAR

MAY CONTAIN

Peanuts, tree nuts, sesame seeds, milk, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 21973300000

Product Description: BLACKBERRY MUFFINS

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

BLACKBERRIES

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 25588000000

Product Description: BLUEBERRY MUFFINS

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

BLUEBERRIES

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28624900000

Product Description: CARROT GINGER MUFFIN

Ingredients Listing (sorted by quantity):

Carrot Muffin

CARROT MUFFIN RS (Sugar, enriched wheat flour, whole wheat flour, baking powder, shortening (palm and/or palm kernal, canola, modified palm oils), Salt, modified corn starch, spices, xanthan gum, may contain milk, egg, soya, and/or sesame.), CARROTS, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid)

Ginger Muffin

GINGER SPICE CAKE (wheat flour, sugar, corn starch, whey powder, canola oil, baking powder, salt, wheat starch, molasses, spices, mono-diglycerides, carboxymethylcellulose.), EGGS (citric acid), CANOLA OIL ((dimethylpolysiloxane)), WATER, CORN SYRUP (glucose, glucose-fructose, water, reiners syrup, salt)

CANDIED GINGER

sugar

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 26618000000

Product Description: CARROT MUFFINS

Ingredients Listing (sorted by quantity):

Carrot Muffin

CARROT MUFFIN RS (Sugar, enriched wheat flour, whole wheat flour, baking powder, shortening (palm and/or palm kernal, canola, modified palm oils), Salt, modified corn starch, spices, xanthan gum, may contain milk, egg, soya, and/or sesame.), CARROTS, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid)

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 26621000000

Product Description: CHOCOLATE CHIP MUFFINS

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

CHOCOLATE CHIPS

(sugar, chocolate liquor, cocoa butter, soya lecithin, salt)

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28581900000

Product Description: CRANBERRY RASPBERRY MUFFINS

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

CRANBERRIES

RASPBERRIES

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28584100000

Product Description: DOUBLE CHOCOLATE CHIP MUFFINS

Ingredients Listing (sorted by quantity):

Sensible Choice Chocolate Loaf

CHOCOLATE MIX (sugar, enriched wheat flour, vegetable oil, cocoa, baking powder, modified corn starch, skim milk powder, salt, natural flavour, soya lecithin, sodium carboxymethylcellulose, xathan gum.), CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), WATER

CHOCOLATE CHIPS

(sugar, chocolate liquor, cocoa butter, soya lecithin, salt)

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28614300000

Product Description: MULTIGRAIN CRAN BRAN MUFFINS

Ingredients Listing (sorted by quantity):

Bran Muffin

WATER, BRAN MUFFIN RS (enriched wheat flour, sugar, wheat bran, vegetable oil, baking powder, salt, dried egg yolk, molasses (molasses, wheat starch, silicon dioxide, hydroxylated soya lecithin) whey powder, soya flour, corn flour, skim milk powder, colour, sodium aluminum phosphate, xanthum gum, sodium aluminum silicate.)

CRANBERRIES

SEVEN GRAIN

wheat flakes, flax seeds, barley flakes, rolled oats, sunflower seeds, millet, sesame seeds.

MAY CONTAIN

Peanuts,tree nuts,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28615200000

Product Description: OATMEAL APPLE MUFFINS

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

APPLE TURNOVER

water, sugar, dehydrated apple, modified corn starch, salt, citric acid, spices, dehydrated lemon juice (corn syrup solids, lemon juice solids, lemon oil), sodium benzoate, potassium sorbate.

OATS

Date Topping

OATS, MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), YELLOW SUGAR, BAKING POWDER (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate, calcium sulfate.)

CINNAMON SAIGON

MAY CONTAIN

peanuts,tree nuts,sesame seeds, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20116900000

Product Description: ORANGE CRANBERRY MUFFINS

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminium phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

CRANBERRIES

Streusel Topping

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), GRANULATED SUGAR

FRUIT ALL, ORANGE

peel, glucose syrup, dextrose, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour, flavour, sodium benzoate.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28624800000

Product Description: PRALINE MUFFINS

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

Pralines

WATER, PECANS, GRANULATED SUGAR

ORANGE MARMALADE

glucose, sugar, orange peel, concentrated orange juice, seville orange peel and juice, fruit pectin, sodium citrate, citric acid.

FLAVOUR, ORANGE BRANDY

water, grain spirits, natural flavour, sodium carboxymethylcellulose, sodium benzoate.

MAY CONTAIN

peanuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 26712100000

Product Description: PUMPKIN MUFFINS

Ingredients Listing (sorted by quantity):

CARROT MUFFIN RS

Sugar, enriched wheat flour, whole wheat flour, baking powder, shortening (palm and/or palm kernal, canola, modified palm oils), Salt, modified corn starch, spices, xanthan gum, may contain milk, egg, soya, and/or sesame.

FRUIT, PUMPKIN

100% pure.

EGGS

citric acid

CANOLA OIL

(dimethylpolysiloxane)

Cinnamon Struesel

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), GRANULATED SUGAR, CINNAMON SAIGON

MAY CONTAIN

peanuts,tree nuts,sesame seeds,soy, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24355200000

Product Description: RAISIN BRAN MUFFINS

Ingredients Listing (sorted by quantity):

Bran Muffin

WATER, BRAN MUFFIN RS (enriched wheat flour, sugar, wheat bran, vegetable oil, baking powder, salt, dried egg yolk, molasses (molasses, wheat starch, silicon dioxide, hydroxylated soya lecithin) whey powder, soya flour, corn flour, skim milk powder, colour, sodium aluminum phosphate, xanthum gum, sodium aluminum silicate.)

RAISINS

vegetable oil.

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28598600000

Product Description: WEST COAST TRAIL MUFFINS

Ingredients Listing (sorted by quantity):

Carrot Muffin

CARROT MUFFIN RS (Sugar, enriched wheat flour, whole wheat flour, baking powder, shortening (palm and/or palm kernal, canola, modified palm oils), Salt, modified corn starch, spices, xanthan gum, may contain milk, egg, soya, and/or sesame.), CARROTS, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid)

LAURENTION MIX

Raisins(Palm/Canola/Sunflower Oil),Sunflower Seeds,Cashews,Almonds,Pumpkin Seeds, Apricots Diced (Sulphur dioxide,Oat/Rice flour)

MAY CONTAIN

peanuts,sesame seeds, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28624400000

Product Description: WHOLEGRAIN APPLE CINNAMON MUFFIN

Ingredients Listing (sorted by quantity):

Wholegrain mix-low sodium

WATER, EGGS (citric acid), SATIN WHOLEGRAIN (wheat flour, organic evaporated cane juice, wheat bran and germ blend, oat flakes, sunflower seeds, wheat starch, corn starch, spelt flakes, sunflower oil, flax seeds, baking powder, spice), SUNFLOWER OIL

APPLE TURNOVER

water, sugar, dehydrated apple, modified corn starch, salt, citric acid, spices, dehydrated lemon juice (corn syrup solids, lemon juice solids, lemon oil), sodium benzoate, potassium sorbate.

DRIED APPLES

sodium sulfite

CINNAMON SAIGON

MAY CONTAIN

peanuts, tree nuts, sesame seeds, soy, milk, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28624500000

Product Description: WHOLEGRAIN BANANA CHOCOLATE CHIP MUFFINS

Ingredients Listing (sorted by quantity):

SATIN WHOLEGRAIN

wheat flour,organic evaporated cane juice,wheat bran and germ blend,oat flakes,sunflower seeds,wheat starch,corn starch,spelt flakes,sunflower oil,flax seeds,baking powder,spice

EGGS

citric acid

FRESH BANANAS

SUNFLOWER OIL

CHOCOLATE CHIPS

(sugar, chocolate liquor, cocoa butter, soya lecithin, salt)

MAY CONTAIN

peanuts,tree nuts,sesame seeds,milk,sulphites,mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28624700000

Product Description: **WHOLEGRAIN BLUEBERRY PECAN MUFFINS**

Ingredients Listing (sorted by quantity):

Wholegrain mix-low sodium

WATER, EGGS (citric acid), SATIN WHOLEGRAIN (wheat flour, organic evaporated cane juice, wheat bran and germ blend, oat flakes, sunflower seeds, wheat starch, corn starch, spelt flakes, sunflower oil, flax seeds, baking powder, spice), SUNFLOWER OIL

BLUEBERRIES

PECANS

MAY CONTAIN

Peanuts, sesame seeds, soy, milk, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28623200000

Product Description: WHOLEGRAIN CARROT MUFFIN

Ingredients Listing (sorted by quantity):

Wholegrain mix-low sodium

WATER, EGGS (citric acid), SATIN WHOLEGRAIN (wheat flour, organic evaporated cane juice, wheat bran and germ blend, oat flakes, sunflower seeds, wheat starch, corn starch, spelt flakes, sunflower oil, flax seeds, baking powder, spice), SUNFLOWER OIL

CARROTS

WALNUTS

PINEAPPLE

juice, citric acid

WATER

CINNAMON SAIGON

MAY CONTAIN

peanuts, soy, milk, sulphites, mustard seed

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27625500000

Product Description: ACSS APPLE GINGER MUFFIN

Ingredients Listing (sorted by quantity):

Ginger Muffin

GINGER SPICE CAKE (wheat flour, sugar, corn starch, whey powder, canola oil, baking powder, salt, wheat starch, molasses, spices, mono-diglycerides, carboxymethylcellulose.), EGGS (citric acid), CANOLA OIL ((dimethylpolysiloxane)), WATER, CORN SYRUP (glucose, glucose-fructose, water, reiners syrup, salt)

HOME STYLE APPLE

apples, sugar/glucose-fructose, water, modified corn starch, malic acid, spices, salt, potassium sorbate, gellan gum, sodium metabisulfite.

Streusel Topping

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), GRANULATED SUGAR

MAY CONTAIN

Peanuts,tree nuts,sesame seeds,milk, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 25612600000

Product Description: ACSS BLUEBERRY MUFFIN

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

BLUEBERRIES

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 23704200000

Product Description: ACSS BUCK BRAND ORANGE CRNBRY MUFFIN

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

CRANBERRIES

FRUIT ALL, ORANGE

peel, glucose syrup, dextrose, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour, flavour, sodium benzoate.

BUCK BRAND ORANGE SLICE

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20234900000

Product Description: ACSS CARROT MUFFIN

Ingredients Listing (sorted by quantity):

Carrot Muffin

CARROT MUFFIN RS (Sugar, enriched wheat flour, whole wheat flour, baking powder, shortening (palm and/or palm kernal, canola, modified palm oils), Salt, modified corn starch, spices, xanthan gum, may contain milk, egg, soya, and/or sesame.), CARROTS, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid)

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 26613600000

Product Description: ACSS CHOCOLATE CHUNK MUFFIN

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

CHOCOLATE CHIPS

(sugar, chocolate liquor, cocoa butter, soya lecithin, salt)

CHUNKS CHOCOLATE

sugar, chocolate liquor, cocoa butter, anhydrous dextrose, soya lecithin, vanillin.

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27379800000

Product Description: ACSS CRAN/RASPBERRY MUFFIN

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

CRANBERRIES

RASPBERRIES

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20232900000

Product Description: ACSS DOUBLE CHOCOLATE CHUNK MUFFIN

Ingredients Listing (sorted by quantity):

Sensible Choice Chocolate Loaf

CHOCOLATE MIX (sugar, enriched wheat flour, vegetable oil, cocoa, baking powder, modified corn starch, skim milk powder, salt, natural flavour, soya lecithin, sodium carboxymethylcellulose, xathan gum.), CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), WATER

CHOCOLATE CHIPS

(sugar, chocolate liquor, cocoa butter, soya lecithin, salt)

CHUNKS CHOCOLATE

sugar, chocolate liquor, cocoa butter, anhydrous dextrose, soya lecithin, vanillin.

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20229800000

Product Description: ACSS MULTIGRAIN CRANBERRY BRAN

Ingredients Listing (sorted by quantity):

Bran Muffin

WATER, BRAN MUFFIN RS (enriched wheat flour, sugar, wheat bran, vegetable oil, baking powder, salt, dried egg yolk, molasses (molasses, wheat starch, silicon dioxide, hydroxylated soya lecithin) whey powder, soya flour, corn flour, skim milk powder, colour, sodium aluminum phosphate, xanthum gum, sodium aluminum silicate.)

CRANBERRIES

SEVEN GRAIN

wheat flakes, flax seeds, barley flakes, rolled oats, sunflower seeds, millet, sesame seeds.

MAY CONTAIN

Peanuts,tree nuts,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 28022800000

Product Description: ACSS OATMEAL APPLE MUFFINS

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

Date Topping

OATS, MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), YELLOW SUGAR, BAKING POWDER (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate, calcium sulfate.)

OATS

APPLE TURNOVER

water, sugar, dehydrated apple, modified corn starch, salt, citric acid, spices, dehydrated lemon juice (corn syrup solids, lemon juice solids, lemon oil), sodium benzoate, potassium sorbate.

CINNAMON SAIGON

MAY CONTAIN

peanuts,tree nuts,sesame seeds, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20232600000

Product Description: **ACSS ORANGE CRANBERRY MUFFIN**

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminium phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

CRANBERRIES

Streusel Topping

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), GRANULATED SUGAR

FRUIT ALL, ORANGE

peel, glucose syrup, dextrose, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour, flavour, sodium benzoate.

MAY CONTAIN

peanuts, tree nuts, sesame seeds, sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 26561900000

Product Description: ACSS PUMPKIN SPICE MUFFIN

Ingredients Listing (sorted by quantity):

CARROT MUFFIN RS

Sugar, enriched wheat flour, whole wheat flour, baking powder, shortening (palm and/or palm kernal, canola, modified palm oils), Salt, modified corn starch, spices, xanthan gum, may contain milk, egg, soya, and/or sesame.

FRUIT, PUMPKIN

100% pure.

CANOLA OIL

(dimethylpolysiloxane)

EGGS

citric acid

Cinnamon Struesel

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), GRANULATED SUGAR, CINNAMON SAIGON

MAY CONTAIN

peanuts,tree nuts,sesame seeds,milk,sulphites,mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 26587300000

Product Description: ACSS RAISIN BRAN MUFFIN

Ingredients Listing (sorted by quantity):

Bran Muffin

WATER, BRAN MUFFIN RS (enriched wheat flour, sugar, wheat bran, vegetable oil, baking powder, salt, dried egg yolk, molasses (molasses, wheat starch, silicon dioxide, hydroxylated soya lecithin) whey powder, soya flour, corn flour, skim milk powder, colour, sodium aluminum phosphate, xanthum gum, sodium aluminum silicate.)

RAISINS

vegetable oil.

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 20232700000

Product Description: ACSS RASPBERRY CREAM CHEESE MUFFIN

Ingredients Listing (sorted by quantity):

Plain Muffin

WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

RASPBERRIES

CREAM CHEESE

cream, milk, skim milk powder, salt, guar gum, propylene glycol alginate, carrageenan, locust bean gum, potassium sorbate, bacterial culture.

MAY CONTAIN

peanuts,tree nuts,sesame seeds,sulphites, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 27379900000

Product Description: ACSS WESTCOAST TRAIL MUFFIN

Ingredients Listing (sorted by quantity):

Carrot Muffin

CARROT MUFFIN RS (Sugar, enriched wheat flour, whole wheat flour, baking powder, shortening (palm and/or palm kernal, canola, modified palm oils), Salt, modified corn starch, spices, xanthan gum, may contain milk, egg, soya, and/or sesame.), CARROTS, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid)

LAURENTION MIX

Raisins(Palm/Canola/Sunflower Oil),Sunflower Seeds,Cashews,Almonds,Pumpkin Seeds, Apricots Diced (Sulphur dioxide,Oat/Rice flour)

MAY CONTAIN

peanuts,sesame seeds, mustard

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 123889

Product Description: ASSORTED MUFFINS

Ingredients Listing (sorted by quantity):

WATER

CHOCOLATE CHIPS

(sugar, chocolate liquor, cocoa butter, soya lecithin, salt)

CHUNKS CHOCOLATE

sugar, chocolate liquor, cocoa butter, anhydrous dextrose, soya lecithin, vanillin.

LAURENTION MIX

Raisins(Palm/Canola/Sunflower Oil),Sunflower Seeds,Cashews,Almonds,Pumpkin Seeds, Apricots Diced (Sulphur dioxide,Oat/Rice flour)

FRUIT ALL, ORANGE

peel, glucose syrup, dextrose, water, sugar, pectin, citric acid, phosphoric acid, polysorbate 60 (soy oil), colour, flavour, sodium benzoate.

RAISINS

vegetable oil.

Streusel Topping

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), GRANULATED SUGAR

CRANBERRIES

Carrot Muffin

CARROT MUFFIN RS (Sugar, enriched wheat flour, whole wheat flour, baking powder, shortening (palm and/or palm kernal, canola, modified palm oils), Salt, modified corn starch, spices, xanthan gum, may contain milk, egg, soya, and/or sesame.), CARROTS, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid)

Plain Muffin

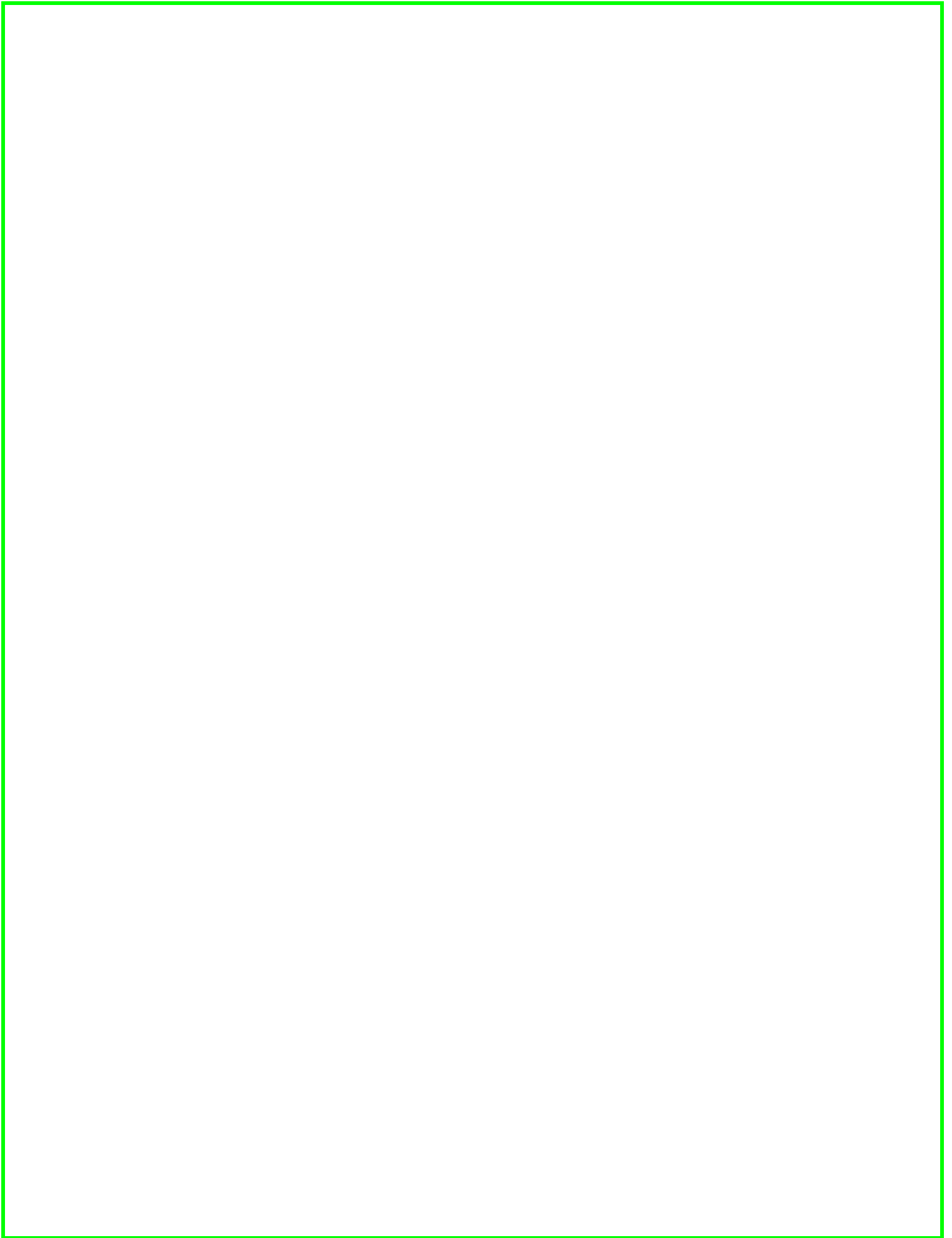
WATER, CANOLA OIL ((dimethylpolysiloxane)), EGGS (citric acid), PLAIN MUFFIN RS (Enriched wheat flour, sugar, vegetable oil, baking powder, salt, shortening (palm and/or palm kernel, canola, modified palm oils), dextrose, dried egg white (egg whites, bakers yeast, citric acid), whey powder, xanthan gum, sodium stearoyl-2-lactylate, artificial flavour, sodium aluminim phosphate, mono and diglycerides, colour, may contain soya and/or sesame.)

BLUEBERRIES

Bran Muffin

WATER, BRAN MUFFIN RS (enriched wheat flour, sugar, wheat bran, vegetable oil, baking powder, salt, dried egg yolk, molasses (molasses, wheat starch, silicon dioxide, hydroxylated soya lecithin) whey powder, soya flour, corn flour, skim milk powder, colour, sodium aluminum phosphate, xanthum gum, sodium aluminum silicate.)

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.



Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24294000000

Product Description: ARTISAN BUTTER CROISSANT

Ingredients Listing (sorted by quantity):

All butter croissants

WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), Liquid Starter ((flour, water, natural fermentation)), WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), FLOUR, WHOLE WHEAT ((wheat Flour, wheat bran, ascorbic acid)), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WATER, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid)), SALT, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid)), GRANULATED SUGAR, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WHOLE MILK (homogenized milk, vitamin D3.), UNSALTED BUTTER ((cream)), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid)))

EGGS

citric acid

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24294200000

Product Description: ARTISAN CHOCOLATE ALMOND CROISSANT

Ingredients Listing (sorted by quantity):

All butter croissants

WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), Liquid Starter ((flour, water, natural fermentation)), WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), FLOUR, WHOLE WHEAT ((wheat Flour, wheat bran, ascorbic acid)), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WATER, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid)), SALT, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid)), GRANULATED SUGAR, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WHOLE MILK (homogenized milk, vitamin D3.), UNSALTED BUTTER ((cream)), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid)))

66% ALMOND PASTE

almonds, sugar, water, stabilizers (glycerol / E422, sorbitol / E420), preservative (potassium sorbate / E202).

EGGS

citric acid

CHOCOLATE TRUFFLE

vegetable oils (hydrogenated canola, palm and coconut oil), sugar, cocoa powder, skim milk powder, hazelnuts, lecithin (soy lecithin), artificial flavor.

CHOCOLATE, STICKS

sugar, cocoa mass, cocoa butter, emulsifier, soya lecithin, vanillin.

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24294100000

Product Description: ARTISAN CINNAMON CROISSANT

Ingredients Listing (sorted by quantity):

All butter croissants

WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), Liquid Starter ((flour, water, natural fermentation)), WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), FLOUR, WHOLE WHEAT ((wheat Flour, wheat bran, ascorbic acid)), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WATER, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid)), SALT, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid)), GRANULATED SUGAR, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WHOLE MILK (homogenized milk, vitamin D3.), UNSALTED BUTTER ((cream)), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid)))

CINNAMON FLAKES

sugar, vegetable oil (palm, plam kernel), cinnamon, soy lecithin

Cinnamon Sugar

YELLOW SUGAR, GRANULATED SUGAR, CINNAMON SAIGON

EGGS

citric acid

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24296800000

Product Description: ARTISAN PESTO PARMESAN CROISSANTS

Ingredients Listing (sorted by quantity):

All butter croissants

WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), Liquid Starter ((flour, water, natural fermentation)), WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), FLOUR, WHOLE WHEAT ((wheat Flour, wheat bran, ascorbic acid)), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WATER, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid)), SALT, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid)), GRANULATED SUGAR, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WHOLE MILK (homogenized milk, vitamin D3.), UNSALTED BUTTER ((cream)), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid)))

SHREDDED PURE PARMESAN

(pasteurized milk, salt, calcium chloride, bacterial culture, lipase, microbial enzyme, cellulose.)

PESTO

(basil, sunflower oil, sea salt, walnuts, pine nuts, cheese, milk powder, garlic, wine vinegar, corn starch, fructose, natural flavour)

EGGS

citric acid

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 25993800000

Product Description: CHEDDAR BACON SCONE

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

SHREDDED CHEDDAR

pasteurized milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour, cellulose.

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

BACON BITS

(pork, water, salt, sugar, brown sugar, sodium phosphate, dextrose, sodium bicarbonate, potassium chloride, maple flavour, maple syrup, sodium erythorbate, sodium nitrite, spice, smoke, flavour)

BLACK PEPPER

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24299000000

Product Description: GOURMET BLACKBERRY CHIA MIFFIN

Ingredients Listing (sorted by quantity):

SATIN WHOLEGRAIN

wheat flour,organic evaporated cane juice,wheat bran and germ blend,oat flakes,sunflower seeds,wheat starch,corn starch,spelt flakes,sunflower oil,flax seeds,baking powder,spice

EGGS

citric acid

SUNFLOWER OIL

BLACKBERRIES

WATER

ALMONDS

CHIA

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

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Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 25993300000

Product Description: ONION FETA SCONE

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

WATER

FETA

(pasteurized milk, modified milk ingredients, bacterial culture, microbial enzyme, li[ase, colour in bring, water, salt)

SCONE MIX

sugar, modified milk ingredients, baking powder, wheat flour, salt, carboxymethylcellulose, vegetable oil (canola and / or soya).

SHORTENING

canola oil, modified palm and palm kernel oils.

EGGS

citric acid

BLACK PEPPER

GREEN ONIONS

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24295400000

Product Description: PIE APPLE OF MY PIE

Ingredients Listing (sorted by quantity):

Apple pie filling

CINNAMON SAIGON , GRANULATED SUGAR, YELLOW SUGAR, CORN STARCH, APPLES ((granny smith, ascorbic acid, citric acid and salt))

Yellow Dough

GRANULATED SUGAR, MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), SHORTENING (canola oil, modified palm and palm kernel oils.), WHEY POWDER, EGGS (citric acid), WATER, FLOUR, PASTRY (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, benzoyl peroxide, chlorine.), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), BAKING POWDER (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate, calcium sulfate.), SALT

9" PIE SHELL

enriched wheat flour, palm and soybean oil shortening, water, corn starch, corn flour, dextrose, salt, soya lecithin, enzyme, sodium propionate.

BUTTER

cream, salt.

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

Printed: 1/9/2015

Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24295700000

Product Description: PIE EASY AS PIE BLACKBERRY APPLE

Ingredients Listing (sorted by quantity):

Apple blackberry pie filling

GRANULATED SUGAR, YELLOW SUGAR, CORN STARCH, BLACKBERRIES, APPLES ((granny smith, ascorbic acid, citric acid and salt))

9" PIE SHELL

enriched wheat flour, palm and soybean oil shortening, water, corn starch, corn flour, dextrose, salt, soya lecithin, enzyme, sodium propionate.

Yellow Dough

GRANULATED SUGAR, MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), SHORTENING (canola oil, modified palm and palm kernel oils.), WHEY POWDER, EGGS (citric acid), WATER, FLOUR, PASTRY (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, benzoyl peroxide, chlorine.), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), BAKING POWDER (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate, calcium sulfate.), SALT

BUTTER

cream, salt.

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

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Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: 24295500000

Product Description: PIE IN THE SKY BUMBLE BERRY

Ingredients Listing (sorted by quantity):

Field Berry pie filling

BLUEBERRIES, BLACKBERRIES, RASPBERRIES, APPLES ((granny smith, ascorbic acid, citric acid and salt)), GRANULATED SUGAR, YELLOW SUGAR, CORN STARCH

9" PIE SHELL

enriched wheat flour, palm and soybean oil shortening, water, corn starch, corn flour, dextrose, salt, soya lecithin, enzyme, sodium propionate.

Yellow Dough

GRANULATED SUGAR, MARGARINE (vegetable oil (palm oil, canola oil, modified palm oil) water, vegetable monoglycerides, soya lecithin, potassium sorbate, citric acid, artificial flavour, vitamin A palmitate, vitamin D3.), SHORTENING (canola oil, modified palm and palm kernel oils.), WHEY POWDER, EGGS (citric acid), WATER, FLOUR, PASTRY (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, benzoyl peroxide, chlorine.), FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), BAKING POWDER (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate, calcium sulfate.), SALT

BUTTER

cream, salt.

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

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Thrifty Foods In-store Bakery -- Ingredient List

U.P.C. Code: **Bm164**

Product Description: **All butter croissants**

Ingredients Listing (sorted by quantity):

FLOUR, WHITE

(wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))

UNSALTED BUTTER

(cream)

WHOLE MILK

homogenized milk, vitamin D3.

Poolish

FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), WATER, YEAST INSTANT SAF ((yeast, sorbitan monostearate, ascorbic acid))

Liquid Levain

WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), Liquid Starter ((flour, water, natural fermentation)), WATER, FLOUR, WHITE ((wheat flour, ascorbic acid, fungal alpha amylase, enrichment (niacin, iron, thiamine mononitrate, riboflavin and folic acid))), FLOUR, WHOLE WHEAT ((wheat Flour, wheat bran, ascorbic acid))

GRANULATED SUGAR

SALT

YEAST INSTANT SAF

(yeast, sorbitan monostearate, ascorbic acid)

Important: Health Canada lists the following foods; peanuts, tree nuts, sesame seeds, soy, eggs, fish/shellfish, milk, wheat, and sulphites in the Food and Drug Act as those which are the most common allergens in Canada.

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